



Trail and Driving Guide

Day hiking in Grand Canyon is one way to experience some of the canyon’s rich natural beauty and immense size. No permits or fees are required. When day hiking into the canyon, plan one-third of your time to walk down and two-thirds to trudge back up. Assuming you are physically fit and have adequate food and water, the following day hikes are considered reasonable for most people during the summer months.

Bring at least 3 quarts / liters of water per person, plenty of snacks, sturdy shoes or boots, hat, and sunscreen on your hike. Always check the status of trails before traveling to the trailhead.

Trail numbers correlate with the maps below. All hiking times are approximate.

1. Bright Angel Point Trail

0.5 mi (0.8 km) round-trip
30 minutes round-trip

A short walk on a paved trail leads to a spectacular view of the canyon. Trail begins at the log shelter in the visitor center parking area or from the lodge back porch.
2. Bridle Trail

1.2 mi (2 km) one-way
45 minutes one-way

This trail follows the road as it connects Grand Canyon Lodge with North Kaibab Trailhead. Pets on a leash and bicycles are permitted on this hard-packed trail.
3. Transept Trail

3.0 mi (4.8 km) round-trip
1.5 hours round-trip

Trail follows the canyon rim from Grand Canyon Lodge to North Rim Campground.

4. Widforss Trail

10 mi (16 km) round-trip
6 hours round-trip

Wander through a blend of forest and canyon scenery—even a short walk can be very satisfying. To locate the trailhead, take the dirt road 0.25 mile (0.4 km) south of Cape Royal Road for one mile (1.6 km) to the Widforss Trail parking area. Self-guiding trail brochure available at trailhead.
5. Arizona Trail

10 mi (16 km) one-way
6 hours one-way

A section of this trail enters the park near the North Entrance and roughly parallels Highway 67 until it connects with the North Kaibab Trail.

6. North Kaibab Trail

Distance and hiking times vary; see page 8.

This is the only maintained trail into the canyon from the North Rim. *Under no circumstances should you attempt to hike from the rim to the river and back in one day.* Round-trip to the Colorado River is 28 miles (45 km) and the trail descends almost 6,000 ft (1,800 m). The opening of the North Kaibab Trail may be delayed due to winter damage. This trail is also used by mules.
7. Ken Patrick Trail

10 mi (16 km) one-way
6 hours one-way

Trail winds through the forest and along the rim from Point Imperial to the North Kaibab Trail parking area.

8. Uncle Jim Trail

5.0 mi (8.0 km) round-trip
3 hours round-trip

Stroll through the forest to a viewpoint overlooking the canyon and the North Kaibab Trail switchbacks. Begin from the North Kaibab Trail parking lot. This trail is also used by mules.
9. Point Imperial Trail

4.0 mi (6.4 km) round-trip
2 hours round-trip

This easy trail passes through areas burned by the 2000 Outlet Fire and ends at the north park boundary. Connections are possible from there to the Nankoweap Trail and US Forest Service roads.

10. Roosevelt Point Trail

0.2 mi (0.3 km) round-trip
20 minutes round-trip

Stroll this secluded woodland loop offering spectacular views and benches for relaxing. Trail begins from the Roosevelt Point parking area.
11. Cape Final Trail

4.0 mi (6.4 km) round-trip
2 hours round-trip

Enjoy a forested walk from the dirt parking area to Cape Final. This trail offers a view of the canyon and the Painted Desert. Trail begins 2.4 miles (3.9 km) north of the Cape Royal parking lot.

12. Cliff Springs Trail

1.0 mi (1.6 km) round-trip
1 hour round-trip

Path meanders down a forested ravine and ends where a chest-high boulder rests under a large overhang. The spring is on the cliff side of the boulder. Please do not drink the water since it may be contaminated. Trail begins directly across the road from a small pullout on a curve 0.3 miles (0.5 km) north of Cape Royal.
13. Cape Royal Trail

0.6 mi (1.0 km) round-trip
30 minutes round-trip

An easy walk on a flat, paved trail offering views of the canyon, Angels Window, and the Colorado River. Markers along the trail interpret the area’s natural history. Trail begins at the southeast side of the Cape Royal parking area.

Driving Distances
Entrance Station to Visitor Center 12.7 mi (20.4 km)
Highway 67 to the ‘Y’ 5.4 mi (8.7 km)
‘Y’ to Point Imperial 2.6 mi (4.2 km)
‘Y’ to Cape Royal 14.5 mi (23.3 km)
Highway 67 to Point Sublime 17.8 mi (28.6 km)
Vehicle-accessible Viewpoints
Walhalla Overlook
Roosevelt Point
Vista Encantada
Point Imperial

